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supporting women and their children through recovery since 1986

CHRYSALIS HOUSE INC

NEWS

Chrysalis House Campus Expansion:

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Expanding Services/Enhancing Quality of Care

The Chrysalis House Inc. Board of Directors and staff are excited to update the community about the Campus Expansion Project at our Crownsville location. During the past two years, Chrysalis House has seen a dramatic increase in the number of women seeking drug and alcohol addiction treatment, and our physical capacity has struggled to keep up with this heavy demand. The Campus Expansion Project will enlarge our facility with the goal of serving more women and their at-risk children. The project will also enhance the quality of treatment and overall client wellness (mental, physical, emotional and social). In addition to Chrysalis House staff, the project team includes Studio 343; Drum, Loyka & Associates; Hamel Builders; and Episcopal Housing Corp. Construction is projected to start in spring 2021.



The main components of the project are:

- **Additional housing:** 20 beds, accommodating 14 more women in our inpatient program and six more women in our transitional housing area. This will increase our total capacity by 38%.
- **New Treatment Wing:** to house expanded group and individual counseling spaces, medical offices and other direct client services.
- **Expanded Child Development Center:** doubling the current size to meet state standards and improve the function of the center to serve more of our clients' children.



Chrysalis House has been approved for significant state and local funding in support of this project. We have also received private donations to help us move forward.

For more information on how you can contribute to our expansion, please contact Executive Director Chris McCabe or Development Director Loren Weisman at 410-974-6829.

CARF Recertification



Chrysalis House, Inc. is pleased to announce that our agency recently completed a peer review survey towards our second three-year accreditation from CARF International (Commission for Accreditation of Rehabilitation Facilities). By pursuing this re-accreditation, Chrysalis House has demonstrated that it continues to meet international standards of quality and excellence. CARF is an independent nonprofit organization whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. (www.carf.org)

Due to the restrictions resulting from the COVID-19 pandemic, CARF utilized a DESS (Digitally Enhanced Site Survey) via Microsoft Teams. This enabled CHI staff to upload documents required for the survey, participate in videoconferencing with the survey team, and complete other survey-related activities. There was even a tour of the building and grounds completed via FaceTime.

Karen Hoyer, Performance Improvement Director, says, "The use of the new technology was exciting, yet sometimes challenging. Despite these challenges, the surveyors were able to understand the hard work, dedication and commitment that our staff exemplifies on a daily basis."

Chrysalis House uses CARF standards to improve our programs and services to women in recovery, helping them to achieve long-term sobriety, become productive members of society, and better mothers to their children.

Executive Director Update

In our Spring 2020 newsletter, I wrote about the joy of client graduations at Chrysalis House. Despite the impacts of COVID-19 on everyone, we are adapting. Women are still completing our inpatient drug and alcohol treatment program, but graduations now take place virtually with family members joining via Zoom.



*Christopher J. McCabe (Chris),
Executive Director*

Life has not been the same since mid-March, when most of us first became aware of the pandemic. The team at Chrysalis House quickly adopted safety protocols to minimize the risk of infection spread at our Crownsville and Baltimore locations. Every employee, client, or visitor is screened for coronavirus symptoms upon arrival.

For several weeks, we restricted intakes until testing became more readily available; we now work with our testing partner, Ammon Laboratories, to conduct COVID-19 tests with expedited results. We have limited the travel of clients to outside meetings and overnight home visits, and have even reduced our regular client food shopping excursions. While necessary, these restrictions are difficult for women in early recovery who yearn for family and peer support.

Through all the challenges, we have preached the importance of optimism. In fact, we compiled a "Silver Linings" list, which includes improved ways of delivering services and finding efficiencies during this challenging period.

Our work goes on, and I am pleased to spotlight our cover story about the Campus Expansion Project at Crownsville. We recently completed a survey by the Commission on the Accreditation of Rehabilitation Facilities (CARF International), which we are confident will lead to a renewed three-year accreditation.

As I begin my sixth year as Executive Director, I remain honored to serve and I am always grateful for the support of the employees, clients and community as we strive daily to be the premier women and children's treatment center in Maryland.

Sincerely,
Christopher J. McCabe (Chris)
Executive Director

*Chrysalis House Program Director Carressa
Christian with client Autumn B. at our Easter
celebration*



Community Partners

The COVID-19 pandemic has limited our ability to welcome volunteers into our facilities in Crownsville and Baltimore. However, we have continued to receive community support in a variety of ways.

Chrysalis House is a recipient of a generous grant from Anne Arundel Women Giving Together, a giving circle of the Community Foundation of Anne Arundel County. These funds will be used to provide training to our Child Development Center staff. According to Early Childhood Development Director Denise Spencer, "this will give our staff the education and knowledge they need to understand child development, which will, in turn, help them to provide the children in our care with developmentally appropriate guidance and activities."

We have also been the beneficiary of several meals donated by Restoration Praise Center in Bowie; our clients and their children appreciate the additions to our weekly menu. We are grateful for these generous community partnerships and more.



We were recently blessed with a bounty of personal care products, linens, gift cards, and cash donated by the members of the Heritage Harbour Women's Club, who responded generously to our specific need. Club members Laurie Tomassoni and Rosemary Alcott and President Sheila Cone are pictured during their donation delivery with Loren Weisman and Chris McCabe.

Staff News

Chrysalis House congratulates the following staff members on their recent promotions:



Shirley Baskerville

from Addictions Counselor to Senior Behavioral Clinician

Shakima Brown

from Finance Department Billing/Clinical Quality Assurance Specialist to Junior Accountant/Billing Specialist

Kashaka Cartnail

from Residential Shift Supervisor to Case Manager

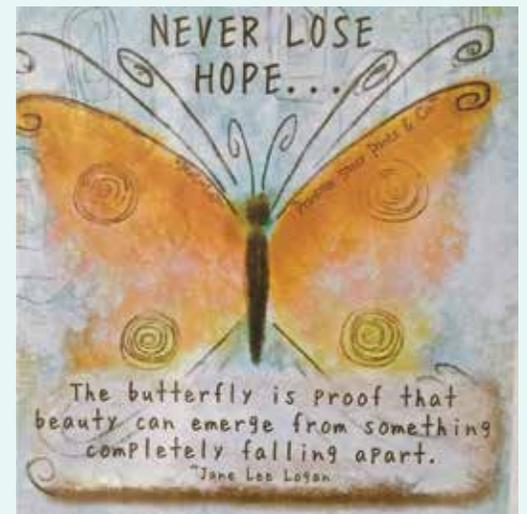
Vickie Montz

from IOP Addictions Counselor to Outpatient Services Coordinator

Alex Tingler

from Residential Coach/IOP Transportation to Quality Assurance Specialist

We also welcome **Denise Spencer, MS** to our team as Early Childhood Development Director.





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Amy Myers, SHRM-CP, *Human Resources Director*
Todd Poorman, CAC-AD, *Director of Program Support Services, Chrysalis House Crownsville*
Denise Spencer, MS, *Early Childhood Development Director*
Debra L. Tribble, MS, *Program Director, Chrysalis House Healthy Start*
Loren M. Weisman, *Development Director*

Stories of Resilience and Recovery: A Chrysalis House Virtual Event Week of September 20, 2020

September is Recovery Month, when organizations nationwide focus on increasing awareness and understanding of mental health and substance use disorders, and celebrating the people who recover.

Join Chrysalis House to hear stories from our clients, alumnae, and staff as they share their recovery journeys. Learn more about our mission, and how we continue our work as strongly as ever.

Watch for daily videos on our Facebook page, website, and in your email in-box!
Funds raised during this event will support much-needed improvements to our women's and children's living areas.
Donate online at www.chrysalishouses.org/donate.

For information on sponsorships, please contact Loren Weisman at lweisman@chrysalishouses.org or call 410-881-0298.